ACOH2026

24TH ASIAN CONGRESS ON OCCUPATIONAL HEALTH 2026

Shaping a Sustainable Future: Global Perspectives on Occupational Health



FINAL REPORT

24TH ASIAN CONGRESS ON OCCUPATIONAL HEALTH (ACOH) 2026

5-8 AUGUST 2026 | BORNEO CONVENTION CENTRE KUCHING (BCCK), KUCHING SARAWAK, MALAYSIA

Submitted by	Academy of Occupational and Environmental Medicine, Malaysia (AOEMM)
Version	Ver_General

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1. Executive Summary

The 24th Asian Congress on Occupational Health (ACOH 2026) is held once every three years and brings together professionals, researchers, practitioners, and experts in the field of occupational and environmental health. The 24th edition was held for the first time in Sarawak from 5–8 August 2026.

With the theme “Shaping a Sustainable Future: Global Perspectives on Occupational Health,” the congress brought together more than 2,000 delegates to exchange knowledge and discuss current and emerging issues in Occupational Health, Occupational Medicine, Occupational Hygiene, Safety, and Environmental Health. The programme included keynote presentations, plenary sessions, symposiums, oral presentations, poster presentations, and scientific sessions, providing opportunities for participants from academia, industry, and government to share knowledge and experiences. Pre-registration was held one day before the congress at two locations, Hilton Kuching, the Official Hotel, and Grand Margherita Hotel. Delegates were provided with a QR code and registration instructions in advance, allowing them to complete the registration process and collect their conference kits smoothly.

The opening ceremony was held on 6 August 2026 and officiated by The Honourable Datuk Amar Professor Dr. Sim Kui Hian, Deputy Premier and Minister for Public Health, Housing and Local Government Sarawak, representing The Right Honourable Datuk Patinggi Tan Sri (Dr) Abang Haji Abdul Rahman Zohari Bin Tun Datuk Abang Haji Openg, Premier of Sarawak. In his address, The Honourable Datuk Amar highlighted the importance of ACOH as a platform for countries to learn from one another, strengthen professional capacity, share knowledge, and build partnerships across borders.

ACOH 2026 featured three (3) keynote speakers and four (4) plenary speakers, with a total of 273 oral and poster presentations. Speakers and presenters from thirteen (13) countries, including Australia, France, the United Kingdom, Hong Kong, China, South Korea, Singapore, Taiwan, Japan, the Philippines, India, Thailand, and Indonesia, shared their knowledge and experiences throughout the congress.

The exhibition featured twenty (20) local and six (6) international exhibitors, who presented products, services, technologies, and solutions related to occupational and environmental health. Sustainability was also considered in the planning of the congress. The food and beverage programme included vegetarian and vegan options, while delegates' dietary requirements and allergies were taken into consideration. The organising committee also worked with the venue to use a substantial amount of locally sourced ingredients for the meals, supporting local suppliers and reducing the need to transport ingredients from outside the area.

As part of ACOH 2026, a CSR programme was carried out at Rantau Kemayau Manis to provide basic health services and support to the local community. The programme included health screening, eye screening, and dental screening for the villagers. Spectacles were also provided to those identified as requiring them following the eye screening. In addition, the programme included donations of fire extinguishers, a book rack, books for the children, and colouring books to support the community and encourage learning among the children. The CSR programme allowed ACOH 2026 to extend its activities beyond the conference venue and provide direct support to the local community. Together with the scientific programme, international participation, exhibition, and sustainability efforts, the congress provided a platform for knowledge exchange and collaboration while contributing to the local community and showcasing Sarawak's ability to host an international congress.

2. Event Overview

Event Name	24th Asian Congress On Occupational Health (ACOH) 2026
Event Theme	Shaping a Sustainable Future: Global Perspectives on Occupational Health
Date	5-8 August 2026
Venue	Borneo Convention Centre Kuching (BCCK), Kuching, Sarawak, Malaysia
Organiser	Academy of Occupational and Environmental Medicine, Malaysia (AOEMM)
Country	Malaysia
Total Delegates	1428 pax
Number of local and international delegates	Local: 1072 pax International: 356 pax
Number of Speakers	40 pax

3. Organising committee/Collaborations

Congress Chair	**Dr Abu Hasan Samad** President, Academy of Occupational and Environmental Medicine Malaysia (AOEMM) President, Asian Association of Occupational and Environmental Health (AAOEH) Chairman, Malaysian Federation for Occupational Safety and Health (MyFOSH)
Deputy Congress Chair	**Dr Abed Onn** Regional Medical Director ASEAN GE Vernova
Secretary	**Dr Sathya Subramaniam** Honorary Secretary Academy of Occupational and Environmental Medicine, Malaysia (AOEMM)
Treasurer	**Datin Dr Norsayani Mohamad Yaakob** Head of Occupational Health GHSE, PETRONAS
Deputy Treasurer	**Dr Anza Elias** Public Health Medicine Specialist & Council Member Academy of Occupational & Environmental Medicine Malaysia (AOEMM)
Lead - Logistics	**Dr Mohd Nadzrul Safiq Abd Rahim** Occupational Health Advisor & Occupational Hygienist
Deputy Lead - Logistics	**Dr Hibatul Hakimi Jamaludin** Regional Occupational Health Operations Lead Asia, MNC

Lead - Marketing & Promotions	**Dr Jaseema Begum Nazir Khan** Principal (Occupational Health) GHSE, PETRONAS
Deputy Lead - Marketing & Promotions	**Dr Mohd Fikri Rosely** Public Health Medicine Specialist, Head of Occupational Safety and Health Unit Medical Development Division, Ministry of Health Malaysia
Deputy Lead - Marketing & Promotions	**Dr Faiz Baharudin** Public Health Medicine Specialist, Director of Occupational Health, Safety and Environment Centre Universiti Malaya
Lead - Sponsorship	**Dr Yan Chyuan Soon** Head of Occupational Health & Industrial Hygiene Group HSSE, MISC
Deputy Lead - Sponsorship	**Dr Nur-Ain bt Ariffin** Head of Clinical Services Berkat OSH Services Sdn Bhd
Member - Sponsorhip	**Dr Ahmad Syarifuddin Ramlan** Head of Social Health Department, PERKESO
Lead - Scientific Committee	**Professor Dr Victor Hoe** Head, Department of Social and Preventive Medicine Faculty of Medicine, Universiti Malaya
Deputy Lead - Scientific Committee	**Professor Dr Marzuki Isahak** Principal, (Occupational Health) Upstream HSE, PETRONAS
Member - Scientific Committee	**Emeritus Professor Dr Krishna Gopal Rampal** Professor of Community and Occupational Medicine Faculty of Medicine, University of Cyberjaya, Malaysia **Professor Dr Retneswari Masilamani** Clinical Professor, MK Faculty of Medicine and Health Science, Universiti Tunku Abdul Rahman **Datin Dr Mona Lisa Md Rasip** Head of Occupational Safety & Health Institutes of Health (NIH), Ministry of Health Malaysia **Associate Professor Dr Lim Yin Cheng** Associate Professor Department of Social and Preventive Medicine, University Malaysia **Associate Professor Dr Anita Abd Rahman** Senior Lecturer (Medical) and Public Health Medicine Specialist Department of Community Health, Faculty of Medicine & Health Sciences, University Putra Malaysia **Professor Dr David Koh** Honorary Professor & Professor Ad Honorem SSH School of Public Health, National University of Singapore & University

	of Occupational and Environmental Health, Kitakyushu, Japan **Dr Anna Sofia Victoria S Fajardo** Occupational Medicine Specialist, Immediate Past President & Specialty Board Member Philippine College of Occupational Medicine (PCOM) **Professor Dr Hanizah Binti Mohd Yusoff** Public Health Medicine/Occupational Health Consultant UKM Pakarunding, Universiti Kebangsaan Malaysia (UKM) **Marina Zainal Farid** Head, Industrial Hygiene (Custodian), Health & Safety PETRONAS Group HSE
Lead - Event Protocols	**Professor Dr Anselm Ting Su** Medical Lecturer Department of Community Medicine and Public Health, Faculty of Medicine and Health Sciences, Universiti Malaysia Sarawak
Deputy Lead - Event Protocols	**Dr Isabella Chia Yih Chyuan** Principal Assistant Director, Medical Programme Sarawak State Health Department
Lead - Social Activities	**Dr Lim Jac Fang** Industrial Hygienist, CPIH, Registered Consultant, OSHCR UK, Occupational Health Doctor Freelance Consultant & Trainer
Deputy Lead - Social Activities	**Dr Bong Yii Change** Occupational Health Doctor President Sarawak Energy Berhad, Sarawak Occupational Safety & Health Professional Association
Member - Social Activities	**Dr Dayangku Siti Rafidah binti Pengiran Hashim** Senior Principal Assistant Director, Occupational Health and Environmental Section Sarawak State Health Department, Ministry of Health Malaysia **Dr Haizul Amri Dzulkafli** Occupational Health Doctor **Mr Tan Phang Chia** PERKESO Sarawak State Director **Dr Rajinderjit Singh Hullon** Deputy Director, Occupational Health Division, Department of Occupational Safety and Health (DOSH)
Project Manager	**Sharifah Shahidah Syed Ahmad (Sherry)** Academy of Occupational and Environmental Medicine, Malaysia (AOEMM)
Congress Secretariat	**Hema Latha Sivalingam**

	Academy of Occupational and Environmental Medicine, Malaysia (AOEMM) **Syakirah Fabil** Academy of Occupational and Environmental Medicine, Malaysia (AOEMM)

3.1 Collaborating Organisations /Partners

Supporting Ministries and Government Agencies

1. Ministry of Human Resources Malaysia
2. Ministry of Health Malaysia
3. Ministry of Tourism, Arts and Culture Malaysia
4. Ministry of Public Health, Housing and Local Government Sarawak
5. Ministry of Tourism, Creative Industry and Performing Arts Sarawak
6. Department of Occupational Safety and Health Malaysia (DOSH)
7. Pertubuhan Keselamatan Sosial (PERKESO)
8. Sarawak State Health Department
9. Malaysia Convention & Exhibition Bureau (MyCEB)
10. Sarawak Convention Bureau

Supporting Professional and Regional Organisations

ACOH 2026 was further supported by professional and occupational health organisations from Malaysia and across the Asian region:

1. Malaysian Federation for Occupational Safety and Health (MyFOSH)
2. The Korean Society of Occupational and Environmental Medicine (KSOEM)
3. Asian Association of Occupational and Environmental Health (AAOEH)
4. Society of Occupational Medicine (SOM), United Kingdom
5. Asian Pacific Occupational Safety and Health Organization (APOSHO)
6. College of Public Health and Occupational Physicians (CPHOP)
7. Vietnam Association of Occupational Health (VAOH)
8. Taiwan Environmental and Occupational Medicine Association (TEOMA)
9. Perhimpunan Spesialis Kedokteran Okupasi Indonesia (PERDOKI)
10. Philippine College of Occupational Medicine (PCOM)

3.2 Exhibitors and Sponsors

No.	Organisation Name	Category
1	Sarawak Energy Berhad – Diamond Sponsors	Local (Sarawak)
2	PETRONAS – Diamond Sponsors	National
3	Pertubuhan Keselamatan Sosial (PERKESO) – Diamond Sponsors	National
4	International SOS – Gold Sponsors	International
5	KPJ Healthcare Sdn Bhd – Gold Sponsors	National
6	Lepu Medical Technology (Beijing) Ltd – Silver Sponsors	International
7	Viatris Sdn Bhd – Silver Sponsors	International
8	Naluri Hidup Sdn Bhd – Silver Sponsors	International
9	ALTY Orthopaedic Hospital – Bronze Sponsors	National
10	Premier Integrated Labs – Bronze Sponsors	National
11	Zuellig Pharma – Bronze Sponsors	National
12	Vibracon Sdn Bhd – Bronze Sponsors	National
13	Lablink (M) Sdn Bhd – Bronze Sponsors	National
14	InvestSarawak – Bronze Sponsors	Local (Sarawak)
15	Academy of Occupational and Environmental Medicine, Malaysia (AOEMM)	National
16	Eartistic Sdn Bhd	National
17	Emerging Journey Asia	National
18	Philippines College of Occupational Medicine (PCOM)	International
19	Indonesian Occupational Medicine Association (IOMA)	International
20	Integrated Health Technology Rehab	National
21	Eben Assist	National
22	SIRIM QAS International	National
23	Malaysian Occupational Health Practitioners Association (MOHPA)	National
24	Insan Damai Sdn Bhd	National
25	InjuryEX	International

3.3 Vendors

No.	Organisation Name	Category
1	Heart Treasures	Local
2	Persatuan Bagi Kebajikan Kanak-Kanak Terencat Akal Sarawak (PERKATA)	Local
3	Kek Lapis Warisan	Local
4	Nang Ori	Local
5	Chelum Chocolate Cafe	Local
6	Nang Ngesep	Local
7	Cat City Holidays	Local
8	Stampin Confectionary	Local
9	ThemuQ	Local

4. Event Programme & Key Activities

The 24th Asian Congress on Occupational Health (ACOH 2026) featured a comprehensive programme comprising pre-congress activities, specialised workshops, the main scientific congress, professional meetings, and networking activities. These activities provided delegates with opportunities for professional development, knowledge sharing, collaboration, and engagement with Malaysia's occupational health and business environment.

4 August 2026: Pre-Congress Activity @ Kuala Lumpur & Selangor

A special pre-congress visit was organised for delegates to the **PETRONAS Twin Towers in Kuala Lumpur** and the **PETRONAS Leadership Centre (PLC) in Bangi, Selangor**. The visit provided delegates with an opportunity to experience one of Malaysia's most iconic landmarks while gaining exposure to a leading corporate and leadership development environment.

The visit commenced at the PETRONAS Twin Towers, a symbol of Malaysia's engineering excellence and global energy innovation. Delegates were given access to the Skybridge at Level 42 and the Observation Deck at Level 86, where they enjoyed panoramic views of Kuala Lumpur and a memorable experience of the iconic landmark.

The delegates then proceeded to the PETRONAS Leadership Centre (PLC) in Bangi, a premier learning campus dedicated to developing world-class leaders in the oil and gas industry. Located within a serene and eco-friendly environment, the PLC combines modern architecture with sustainable features, including solar energy and rainwater harvesting systems. Recognised as a centre of excellence for leadership development, the PLC offers advanced programmes in leadership, innovation, and sustainability, equipping leaders with the capabilities for strategic thinking and global impact.

The visit was attended by **16 delegates from seven countries**, comprising seven delegates from Malaysia, three from Ghana, two from India, and one delegate each from the United Kingdom, Portugal, Australia, and Indonesia.

Overall, the pre-congress visit provided delegates with a valuable opportunity to appreciate Malaysia's architectural and engineering achievements while gaining insight into PETRONAS' corporate leadership, innovation, and sustainability initiatives.



Figure 4.1 [16 delegates joining the visit activity in Kuala Lumpur and Bangi]

4–5 August 2026: DOSH–ACOH 2026 Workshops

In collaboration with the **Department of Occupational Safety and Health (DOSH) Malaysia**, ACOH 2026 successfully conducted a series of specialised two-day workshops from **4–5 August 2026** at the **Grand Margherita Hotel, Kuching, Sarawak**.

The workshops were conducted exclusively for Malaysian Occupational Health Doctors and focused on three key areas of occupational health practice:

- **Occupational Noise-Related Hearing Disorder and Audiometry (ONRHD)** – 33 participants
- **Medical Surveillance** – 43 participants
- **Spirometry** – 25 participants

The workshops were designed to provide focused, practical and high-value professional training, incorporating evidence-based frameworks and technical knowledge that could be directly applied in occupational health practice.

Participants benefited from practical learning opportunities aimed at enhancing their competency in occupational health assessment, medical surveillance, audiometry and spirometry.

Overall, the DOSH–ACOH 2026 Workshops provided a valuable platform for strengthening professional knowledge and practical skills in key areas of occupational health, while promoting evidence-based practice among occupational health practitioners.



Figure 4.2 [The workshop was successfully delivered over 2-days with strong participation from OHD doctors]

5 August 2026: Pre-Congress Workshops

The **Pre-Congress Workshops** were conducted on **5 August 2026 at Hilton Kuching**, offering a series of interactive and specialised learning sessions for Malaysian and international delegates, particularly occupational health and safety practitioners. The workshops provided participants with opportunities to enhance their knowledge and practical skills in specialised areas of occupational health through expert-led presentations, clinical discussions, hands-on practice, and knowledge exchange.

Three specialised workshops were conducted:

1. **Fitness to Work (Clinical Focus)** – a full-day workshop conducted from 9:00 am to 5:00 pm, attended by 36 participants.
2. **Aviation Medicine (Clinical Focus)** – a half-day workshop conducted from 8:30 am to 1:00 pm, attended by 35 participants.
3. **What Occupational Health Professionals Need to Know About Diving Medicine (Hands-on Practice)** – a half-day practical workshop conducted from 2:00 pm to 6:00 pm, attended by 33 participants.

The workshops successfully brought together local and international delegates and provided a valuable platform for professional development, practical learning, and knowledge sharing across diverse areas of occupational health practice.



Figure 4.3 [Participants of the Pre-Congress Workshops engaging in knowledge sharing and professional exchange with local and international occupational health practitioners]

6–8 August 2026: Main Congress

The Main Congress was held over three days and featured a comprehensive scientific programme comprising keynote lectures, plenary sessions, symposiums, scientific presentations, panel discussions, and poster presentations. The Congress brought together occupational health professionals, experts, researchers, and key stakeholders from Malaysia and across the region to share the latest developments, research findings, knowledge, and best practices in occupational health.

Professional Meetings and Networking Activities

Several important regional meetings were successfully convened alongside the Congress, strengthening collaboration among occupational health organisations. These included meetings of:

- Southeast Asia Occupational and Environmental Medicine Network (SEAOEMNet)
- Asian Association of Occupational and Environmental Health (AAOEH)

In addition, the Occupational Health Early Career Professionals Network (OH-ECPN**)** also conducted a dedicated gathering for early-career occupational health doctors. The session provided an informal

platform for early-career professionals to connect, exchange experiences, build professional networks, and foster future collaboration within the occupational health community.



Figure 4.4 [SEAOEMNet Meeting]



Figure 4.5 [AAOEH Meeting, including discussions on the selection of the next host country for ACOH 2029]

5. Event Outcomes & Highlights

One of the key outcomes of ACOH 2026 was the successful launch of the Occupational Health Early Career Professionals Network (OH-ECPN), establishing a dedicated platform for early-career occupational health professionals to connect, exchange knowledge, and develop professional networks. The initiative is intended to continue beyond ACOH 2026 and contribute to the engagement and development of early-career professionals leading up to ICOH 2027 in India.

The Congress also successfully introduced the ACOH 2026 Delegate App, https://acoh2026.app/ which served as a comprehensive digital navigation and engagement platform for delegates throughout the Congress. The application provided access to the official programme, session information, event navigation, links, and other essential Congress information. The app recorded more than 1,200 verified users, with close to 3,000 total daily check-ins across the three Congress days and more than 20,000 programme engagements, demonstrating strong utilisation and engagement with the digital platform by delegates.



Figure 5.1 [ACOH2026 Delegate App]

Notable Highlights

ACOH 2026 achieved a significant milestone in its history, recording its highest attendance compared to the previous congresses, with 1428 delegates attending the Congress. This strong participation reflected the growing regional and international interest in occupational health and reinforced ACOH's position as a significant platform for professional exchange and collaboration in the field.

Industry / Professional Impact

ACOH 2026 contributed significantly to the advancement of occupational health practice in Malaysia through the introduction and dissemination of four key professional publications aimed at strengthening professional knowledge, competency, standardised practice, and evidence-informed decision making.

The publications introduced as part of ACOH 2026 included the **AOEMM Guidelines on Fitness for Work Assessment**, **Assistant Medical Review Officer (AMRO) Handbook**, **Medical Review Officer (MRO) Handbook**, and the **Guidance on Spirometry Procedure for Occupational Health Practice 2026**.

Developed by the Academy of Occupational and Environmental Medicine Malaysia (AOEMM), the AOEMM Guidelines on Fitness for Work Assessment provides a practical, risk-based framework to assist medical practitioners in making consistent and evidence-informed fitness for work decisions. The AMRO Handbook and MRO Handbook provide structured guidance on workplace drug and alcohol testing, including specimen collection, laboratory result interpretation, medical review processes, and the professional responsibilities of medical review officers.

The Guidance on Spirometry Procedure for Occupational Health Practice 2026, developed through collaboration involving the Department of Occupational Safety and Health (DOSH) Malaysia, government agencies, academic institutions, and medical experts, establishes a standardised approach to occupational spirometry practice in Malaysia, aligned with internationally recognised ATS/ERS standards.

Collectively, these publications represent an important contribution to the continued development of occupational health practice in Malaysia. They provide healthcare professionals, occupational health practitioners, employers, and other relevant stakeholders with practical and structured references to support consistent clinical practice, professional competency, workplace safety, and evidence-informed decision making.

The dissemination of these resources through ACOH 2026 also strengthens the availability of professional guidance for occupational health training and practice, supporting greater standardisation and continued capacity building across the occupational health sector.



Figure 5.2 [Launching of the AMRO, MRO, Fitness for Work (FFW), and DOSH Spirometry Guidelines on Day 3 during the ACOH 2026 Closing Ceremony]

6. Advertisement & Branding



Figure 6.1 [Placements of MyCEB, MIM and Visit Malaysia 2026 logos at the official ACOH2026 website; https://www.acoh2026.com/]

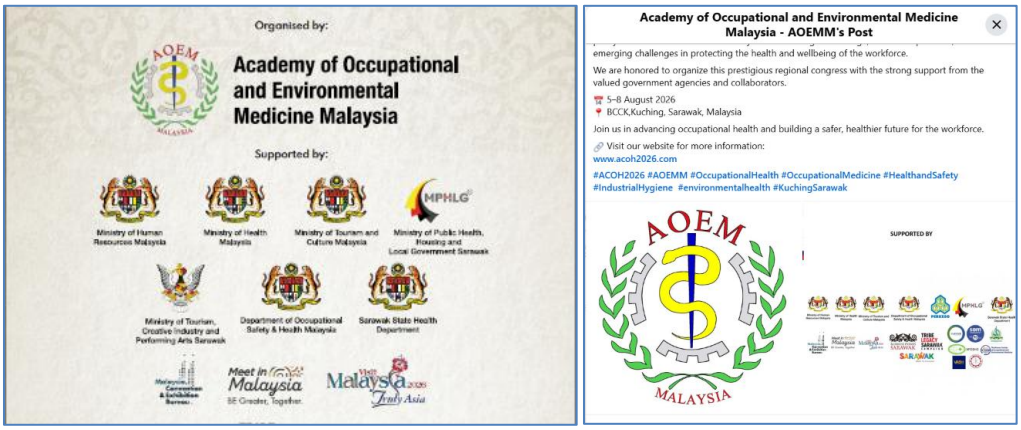


Figure 6.2 [Promotional material – ACOH2026 Official Flyer and Facebook post on AOEMM official social media on 2 March 2026]



Figure 6.3 [Logo on bunting and entrance arch together with ACOH 2026 mascots – Apai and Indai]



Figure 6.4 [Photo wall with 3D wording and ACOH2026 Programme book]

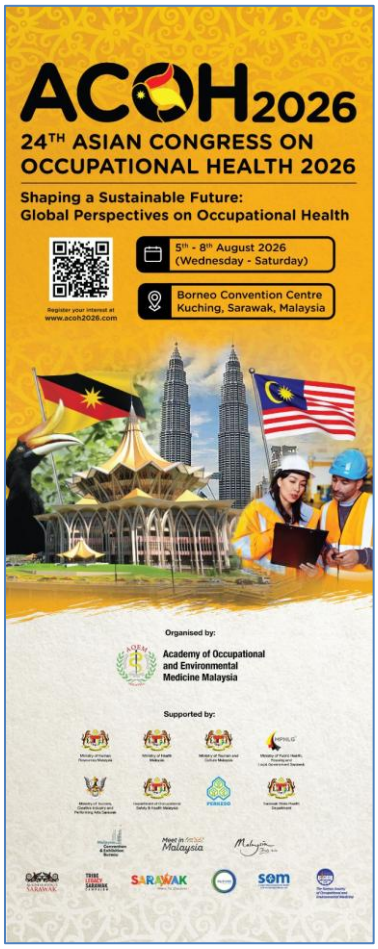


Figure 6.5 [Street bunting used for the congress]



Figure 6.6 [Billboard at the airport road]

7. Event Photos & Visual Highlights

The ACOH 2026 Congress was marked by a series of significant activities and memorable moments captured through photographs throughout the three-day congress, held from 6–8 August 2026. The visual highlights document the participation of local and international delegates, distinguished speakers, invited guests, and occupational health professionals who contributed to the success of the congress.



Figure 7.1 [Opening ceremony and officiating speech by Guest of Honour; Shaping Sustainable Future: Global Perspective on Occupational Health by The Right Honourable Datuk Patinggi Tan Sri (Dr) Abang Haji Abdul Rahman Zohari Bin Tun Datuk Abang Haji Openg (Malaysia), Premier of Sarawak represented by The Honourable Datuk Amar Professor Dr Sim Kui Hian, Deputy Premier of Sarawak.]



Figure 7.2 [ACOH2026 Main Organizing Committees with photo wall including the official MyCEB, VMY and MIM logos]



Figure 7.3 [Keynote, Leaders' Dialogue, Forum and delegates photos]



Figure 7.4 [Symposium and delegate photo]



Figure 7.5 [Exhibitions and poster panel]



Figure 7.6 [Officiating ACOH2026 Closing Ceremony by YBrs Ir Ts Hajah Hazlina Binti Yon; *Director General, Department of Occupational Safety and Health (DOSH), Ministry of Human Resources Malaysia*]

8. ACOH2026 CSR Partners and Legacy Impact

Heart Treasures

Heart Treasures, a Kuching-based social enterprise, empowers young people with physical and intellectual disabilities to lead fulfilling lives through transformative programs that build dignity and independence. The talented artisans, known as the Angels, at Heart Treasures handcrafted keychains for ACOH 2026 dinner guests and handcrafted hamper baskets and frame leaf and paper beads, exclusive for VIP. Proceeds from these handcrafted products support the development and livelihoods of the Angels and their community.

Sarawak Association For the Welfare of Intellectually Disabled Children [Persatuan Kebajikan Kanak-kanak Terencat Akal Sarawak] (PERKATA Sarawak)

PERKATA Sarawak is dedicated to creating a nurturing environment where children with special needs can thrive. Their focus is on holistic development, empowering students to build self-esteem, independence, and social skills. We strive to unlock each child's potential, fostering a sense of joy, care, and responsibility. By working closely with our students and the community, we aim to create a brighter future for all.

Community Outreach

As part of the 24th Asian Congress on Occupational Health (ACOH) 2026, a community outreach and Legacy Impact programme was conducted at Rumah Ngindang, Rantau Kemayau Manis, Lubok Antu, Sarawak, bringing the congress's focus on occupational health and safety beyond the conference venue and into a rural community.

Held on 8 April 2026, the programme brought together approximately 200 residents from Rumah Ngindang and neighbouring longhouse communities. The initiative aimed to improve access to basic health services while raising awareness of practical health, occupational and household safety practices. The programme included basic health screenings, dental check ups and eye examinations, together with health and safety awareness sessions.

A practical fire extinguisher demonstration was also conducted to equip residents with knowledge that could be applied within their homes and longhouse environment. Beyond the immediate health services, the initiative also focused on long-term community empowerment through knowledge sharing and the establishment of a mini library at the longhouse to encourage reading and continued learning among residents. School kits were also distributed to children in the community.

The programme was made possible through collaboration among healthcare providers, emergency services and community organisations, including the Sri Aman Division Health Department, Sri Aman Hospital, Nanga Stamang Health Clinic, Sarawak State Health Department, Betong Fire and Rescue Department, Rotary Club of Kuching and Jee Kwong Optical Group.

The CSR initiative reflects the broader objective of ACOH 2026 to translate occupational health knowledge into meaningful community impact, particularly by bringing health and safety awareness to communities that may have less access to professional resources. It also reinforces the congress theme, "Shaping a Sustainable Future: Global Perspectives on Occupational Health," by demonstrating that healthier and safer communities are an important part of sustainable development.



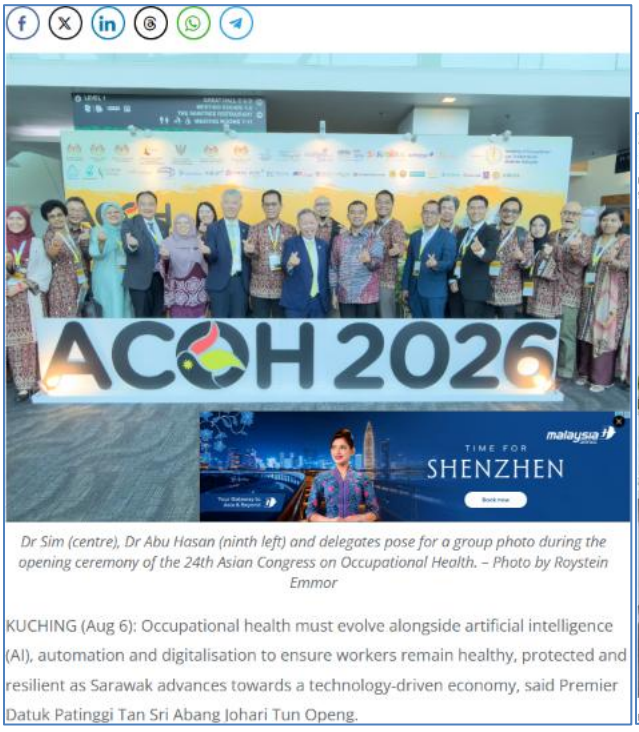
Figure 8.1 [Giving back to the community and extending the impact of ACOH 2026 beyond the Congress through meaningful community engagement and social responsibility]

9. Media Coverage

Item	Number	Note/Comments
Press Releases	**Ten (10) press releases** were written and sent out to media contacts and the database.	Each press release written was approximately 1 to 1.5 pages long, with an average of 400–600 words. The target for each press release was to create event awareness and encourage calls to action for delegate registration and participation.
Total Recorded Media Coverage *(estimated based on Google Search and Press Reader newspaper app)*	**Nine (9)** media coverage, comprising both print and online news.	It should be noted that there may be some unrecorded broadcast/TV news coverage, as news shown on certain TV channels is not always available online for reference and record-keeping.

No	News Header	Link
1	Occupational health must evolve with AI and automation, says Premier	https://www.theborneopost.com/2026/08/06/occupational-health-must-evolve-with-ai-and-automation-says-premier/
2	ACOH 2026 Early Bird Rate Ends 30 April; Abstract Submission Closes 1 April	https://www.prnewswire.com/apac/news-releases/acoh-2026-early-bird-rate-ends-30-april-

		abstract-submission-closes-1-april-3021718683.html
3	Sarawak To Host Prestigious Asian Congress On Occupational Health In 2026	https://premierdept.sarawak.gov.my/web/subpage/news_view/16671
4	OSH bukan lagi kos, tetapi pelaburan strategik Sarawak	https://utusansarawak.com.my/osh-bukan-lagi-kos-tetapi-pelaburan-strategik-sarawak/
5	ACOH 2026 perkukuh masa depan tempat kerja selamat	https://www.tvsarawak.my/2026/08/06/acoh-2026-perkukuh-masa-depan-tempat-kerja-selamat/
6	ACOH 2026 satukan pakar global bentuk masa depan kesihatan pekerjaan	https://utusansarawak.com.my/acoh-2026-satukan-pakar-global-bentuk-masa-depan-kesihatan-pekerjaan/
7	Setiap pekerja berhak bekerja dalam persekitaran selamat dan sihat: Abang Johari	https://www.utusanborneo.com.my/2026/08/08/setiap-pekerja-berhak-bekerja-dalam-persekitaran-selamat-dan-sihat-abang-johari
8	Every worker deserves a safe workplace – Abang Johari	https://www.utusanborneo.com.my/2026/08/08/every-worker-deserves-a-safe-workplace-abang-johari/
9	Rampa bejalaika pengawa ti likun, gerai hak tetap pengerjaya pengawa	https://www.utusanborneo.com.my/2026/08/08/rampa-bejalaika-pengawa-ti-likun-gerai-hak-tetap-pengerjaya-pengawa



Dr Sim (centre), Dr Abu Hasan (ninth left) and delegates pose for a group photo during the opening ceremony of the 24th Asian Congress on Occupational Health. – Photo by Roystein Emmor

KUCHING (Aug 6): Occupational health must evolve alongside artificial intelligence (AI), automation and digitalisation to ensure workers remain healthy, protected and resilient as Sarawak advances towards a technology-driven economy, said Premier Datuk Patinggi Tan Sri Abang Johari Tun Openg.



KUCHING: Sarawak has won the bid to host the 24th Asian Congress on Occupational Health (ACOH), which will be held from 5 to 8 August 2026 at the

OSH bukan lagi kos, tetapi pelaburan strategik Sarawak

Utusan Sarawak August 8, 2026 TEMPATAN

Facebook WhatsApp



KONGRES ACOH 2026... Datuk Amar Douglas Uggah Embas ketika menghadiri Majlis Makan Malam Kongres Kesihatan Pekerjaan Asia Ke-24 (ACOH) 2026 di Kuching, semalam. Foto Pejabat Timbalan Premier Sarawak



Timbalan Premier Sarawak, Datuk Amar Dr Sim Kui Hian menyempurnakan majlis Pelancaran 24th Asian Congress On Occupational Health (ACOH) 2026 di Kuching pada Khamis. Foto: TVS

ACOH 2026 perkukuh masa depan tempat kerja selamat

By TVS #bm, Berita Sarawak August 6, 2026 3:04 PM

ACOH 2026 satukan pakar global bentuk masa depan kesihatan pekerjaan

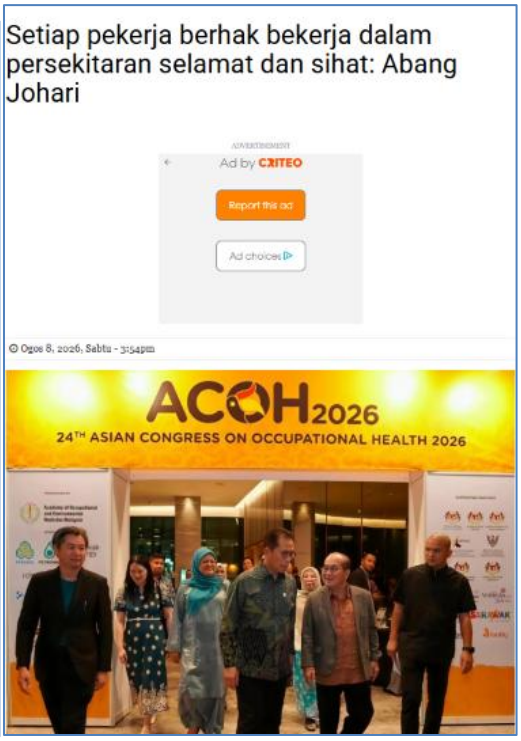
Utusan Sarawak August 6, 2026 TEMPATAN

Facebook WhatsApp



DR Abu Hasan Samad menerima plak penghargaan daripada Datuk Amar Prof. Dr. Sim Kui Hian selepas majlis perasmian Kongres Kesihatan Pekerjaan Asia Ke-24 (ACOH) 2026 di Pusat Konvensyen Borneo Kuching (BCCK), hari ini.

Setiap pekerja berhak bekerja dalam persekitaran selamat dan sihat: Abang Johari



10. Conference Kit



Conference bag





Fridge magnet



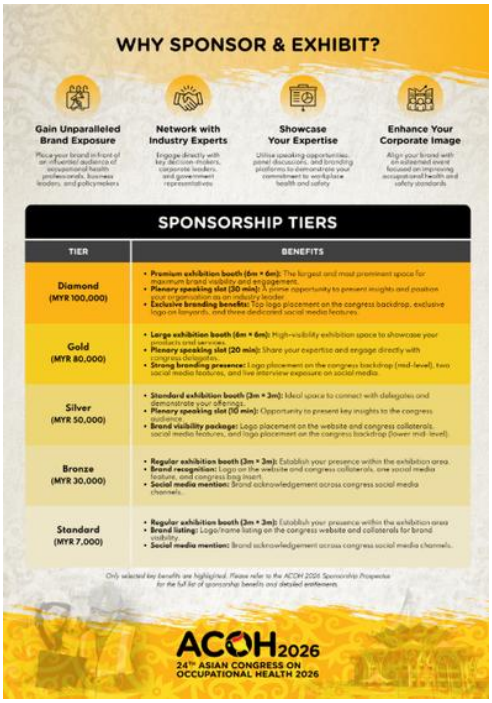
Lanyard & name badge

11. ACOH2026 Brochure









12. Conclusion

The **24th Asian Congress on Occupational Health (ACOH 2026)** was successfully conducted from 6–8 August 2026 at the Borneo Convention Centre Kuching (BCCK), marking the first time that the Asian Congress on Occupational Health was held in Sarawak. The successful delivery of the congress represented a significant milestone for occupational health in Malaysia and the wider region, while also demonstrating Sarawak's capacity to host a large-scale international professional congress.

ACOH 2026 brought together occupational health professionals, researchers, practitioners, government representatives, industry stakeholders and experts from Malaysia, ASEAN and beyond. The congress provided a valuable platform for knowledge exchange, professional development, networking and discussion on emerging occupational and environmental health challenges. Through its comprehensive scientific programme, professional sessions, exhibitions, publications, community outreach, networking activities and social programmes, the congress created meaningful opportunities for participants to share experiences, exchange knowledge and establish professional connections.

The overall success of ACOH 2026 was supported by a comprehensive and proactive approach to congress planning that commenced well ahead of the event. Early engagement and awareness-building activities, including a series of complimentary webinars, provided an effective platform to introduce ACOH 2026, engage the occupational health community and build awareness among potential delegates and stakeholders. Early collaboration with professional societies, institutions and key representatives across ASEAN and the wider Asian region also contributed significantly to strengthening international participation.

Strategic measures, including group registration incentives, travel grants and accommodation support, helped facilitate participation from international and non-local delegates. The provision of dedicated hotel–BCCK–hotel shuttle services further enhanced delegate convenience and contributed to a smoother overall congress experience.

The three-day main congress subsequently proceeded smoothly without any major operational disruptions, reflecting effective coordination among the organising committee, professional conference organiser, partners, service providers, speakers, volunteers and supporting organisations.

The congress also generated meaningful industry and professional impact through the introduction and dissemination of four key occupational health publications: the **AOEMM Guidelines on Fitness for Work Assessment**, **AMRO Handbook**, **MRO Handbook**, and **Guidance on Spirometry Procedure for Occupational Health Practice 2026**. These resources provide practical guidance to support standardised practice, professional competency, workplace safety and evidence-informed decision making, thereby contributing to the continued development of occupational health practice in Malaysia.

Beyond the scientific and professional components, ACOH 2026 extended its impact through CSR, community engagement and legacy initiatives. These activities reflected the broader role of occupational health in promoting healthier and safer workplaces while contributing to community well-being and sustainable development.

Positive feedback from delegates reflected the overall success of the congress, particularly in relation to the scientific programme, organisation, delegate experience and opportunities for professional interaction. The support and participation of MyCEB also contributed to strengthening the congress experience and supporting Malaysia's positioning as a destination for international business events.

Overall, ACOH 2026 achieved its objectives of bringing together the occupational health community across Malaysia, ASEAN and the wider international region, strengthening professional networks, promoting knowledge exchange and fostering opportunities for future collaboration. The successful hosting of the congress in Sarawak demonstrates the value of early strategic engagement, strong regional partnerships, targeted delegate support, professional collaboration and comprehensive logistical planning in delivering a successful international congress.

More importantly, the legacy of ACOH 2026 extends beyond the three-day congress. Through the professional resources launched, networks established, knowledge shared and community initiatives undertaken, the congress has contributed to strengthening the foundations for continued advancement of occupational health practice in Malaysia and the region.



For and on behalf of
Academy of Occupational and Environmental Medicine, Malaysia (AOEMM)

ACOH 2026 *At a Glance*

1428
Delegates

273
Oral and Poster Presenters

6
Plenary & State Keynote Speakers

35
Exhibitors and Vendors

27
Countries

ACOH 2026 set a benchmark for the largest gathering of occupational health practitioners in Asia.

12 Symposia

6 Workshops

PRE CONGRESS PROGRAMME

August 4, 2026 (Tuesday)

TIME	EVENT		
0900 - 1500	Special Visit to PETRONAS Twin Tower		
0900 - 1700	DOSH Occupational Health Workshops		
0900 - 1700	Spirometry Workshop	Occupational Noise-Related Hearing Disorder (ONRHD) & Audiometry Workshop	Medical Surveillance Workshop

August 5, 2026 (Wednesday)

TIME	EVENT		
0800 - 1300	(Pre-Congress Workshop) Aviation Medicine		
0830 - 1300	(Pre-Congress Workshop) Fitness to Work		
0900 - 0900	DOSH Occupational Health Workshops		
0900 - 1700	Medical Surveillance	Occupational Noise-Related Hearing Disorder (ONRHD) & Audiometry	Spirometry
1400 - 1830	(Pre-Congress Workshop) What Occupational Health Professionals Need to Know About Diving Medicine		
1700-2100	ACOH Exclusive Delegate Tour		

ACOH 2026 PROGRAMME

August 6, 2026 (Thursday)

TIME	EVENT		
0700 - 0800	Registration		
0800 - 0830	**Plenary 1** Strength in Synergy: Advancing Occupational and Environmental		
0830 - 0900	**Keynote 1** Future Trends in Industrial Disaster Management		
0900 - 0930	**Diamond Plenary Speaking Slot – Sarawak Energy Berhad** Health as a Strategic Asset: Leading Occupational Health and Wellbeing in the Energy Sector		
0930 - 1030	**Dialogue Session** Leader Dialogue: Shaping National, Regional and Global Occupational Health Priorities		
1030 - 1100	**Tea Break & Networking Session**		
1100 - 1230	**24th ACOH 2026 Opening Ceremony**		
1230 - 1330	**Lunch and Networking Session**		
1330 - 1500	**Symposium 1** Cross Cultural Approaches to Managing Occupational Health in Multinational Companies	**Symposium 3** Affiliate Symposium by Indonesian Occupational Medicine Association (IOMA)	**Symposium 2** Occupational Health in the Informal Economy: A Global Perspective

ACOH 2026 PROGRAMME

August 6, 2026 (Thursday)

1500 - 1630	**Symposium 4** Bridging Recovery and Work: Disability Management and Return to Work: Models in South-East Asia (Sponsored Symposium by PERKESO)
1600 - 1700	**Poster Judging Sessions** Session 1
1630 - 1700	**Tea Break & Networking Session**
1700 - 1800	**Forum 1** Occupational Health Policies Across Cultures: Challenges and Solutions
1800 - 1830	**Lucky Draw | End of Congress Day 1**

ACOH 2026 PROGRAMME

August 7, 2026 (Friday)

TIME	EVENT			
0730 - 0800	Registration			
0800 - 0830	**Plenary 2** The Future of Occupational Health in the Era of Digital Transformation			
0830 - 0900	**Diamond Plenary Speaking Slot – PERKESO** Intensive Rehabilitation and Technological Advances Advances for the Injured Workers			
0900 - 0930	**Keynote 2** Global Trends in Occupational Health: Sustainability and Innovation			
0930 - 1000	**Tea & Networking Session**			
1000 - 1100	Meeting		Sponsor Speaking Slot	
1140 - 1330	**Lunch, Networking Session & Friday Prayers**			
1330 - 1500	**Symposium 7** Beating NCD at Work: Integrated Prevention Programmes	**Symposium 8** Next-Gen Aviation Medicine: From Cockpit to Cabin	**Symposium 9** Growth of Industrial Hygiene & Anticipating Health Hazard Risks of the Future Workforce in the Asian Region (Affiliate Symposium by MHA)	**AAOEH Joint Session Meeting**

ACOH 2026 PROGRAMME

August 7, 2026 (Friday)

TIME	EVENT	
1500 - 1530	Tea Break & Networking Session	
1530 - 1730	Occupational Health Early Career Professionals Network	Free Paper Parallel Session
1600 - 1700	**Poster Judging Session** Session 2	
1730	**End of Congress Day 2**	
1830 - 2230	**Gala Dinner**	

ACOH 2026 PROGRAMME

August 8, 2026 (Saturday)

TIME	EVENT		
0730 - 0800	Registration		
0800 - 0930	**Symposium 10** Mining & Agriculture: Mitigating High-Risk OH Exposures	**Symposium 11** Strategies and Conveying Occupational Stressors (Affiliate Symposium by Taiwan Environmental and Occupational Medicine Association)	**Symposium 12** Occupational Health for Healthcare Workers in Singapore (Affiliate Symposium by Singapore College of Public Health & Occupational Physicians)
0930 - 1000	**Tea Break & Networking Session**		
1000 - 1130	**Free Paper Parallel Session**		
1130 - 1230	**Lunch & Networking Session**		
1230 - 1330	**Forum 3** Global Partnerships in Occupational Medicine: Building Capacity and Advancing Training in Asia		
1330 - 1400	**Sponsor Speaking Slot**		
1400 - 1430	**Diamond Plenary Speaking Slots – PETRONAS** Health and Wellbeing: The Foundation of Sustainable Business Performance		
1430 - 1500	**Keynote 3** Managing Safety and Health of Marginalised Workers (Informal, Gig, and Migrant Workers		

ACOH 2026 PROGRAMME

August 8, 2026 (Saturday)

TIME	EVENT
1500 - 1630	Closing Ceremony
1600 - 1700	Tea Break & Networking Session
1700 - 1730	**End of Congress Day 3**