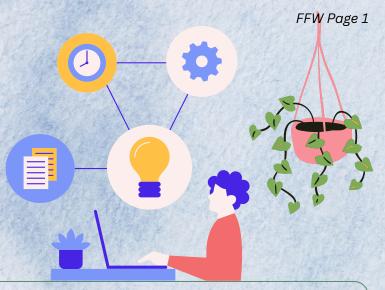


Academy of Occupational and Environmental Medicine Malaysia



## **Fitness For Work** Workshop

4-5 October 2025, Saturday-Sunday 8.00 am - 5.00 pm PERKESO Tun Abdul Razak Rehabilitation Centre, Melaka





CPD and CEP Points Certificate of Attendance

	REGISTRATION FEE	EARLY BIRD (UNTIL 20 SEP 2025)	NORMAL (21 SEP - 28 SEPT 2025)	LATE (FROM 29 SEPT 2025)
William Control	AOEMM MEMBERS	RM450	RM500	RM550
のできない かんしょうかい かんかん	OTHERS	RM650	RM700	RM750
	INTERNATIONAL	USD 200		





Special Visit to PERKESO Tun Abdul Razak Rehabilitation Centre, Melaka on 3 October 2025, Friday, 3pm-5pm Fee per pax: RM50 (Local)

**USD20 (International)** \*Refreshment will be provided. Limited seats for 25 pax only

## **Fitness For Work** Workshop 4-5 October 2025, Saturday-Sunday 8.00 am - 5.00 pm PERKESO Tun Abdul Razak Rehabilitation Centre, Melaka

**Speakers** 

Dr Abu Hasan Samad (AHS) **AOEMM President** 

Dr Noriani Binti Abu Bakar Department of Rehabilitation Medicine, Melaka Hospital



Dr Anna Sofia Victoria Fajardo Philippine College of Occupational Medicine (PCOM)

DAY 1				
Time	Topic	Speaker		
8.00 – 8.30 am	Registration	AOEMM Secretariat		
8.30 – 9.30 am	Overview of Fitness for Work	Dr Abu Hasan Samad (AHS) AOEMM President		
9.30 – 10.30 am	Framework for Assessing Fitness for Work	AHS		
10.30 – 10.45 am TEA BREAK				
10.45 – 11.30 am	Return to Work and Rehabilitation for Workers with Chronic Illnesses	<b>Dr Noriani Binti Abu Bakar</b> Consultant Physician Department of Rehabilitation Medicine, Melaka Hospital		
11.30 am - 12.15 pm	Fitness for Work in Musculoskeletal Disorders	<b>Dr Anza Elias (AE)</b> AOEMM Council Member		
12.15 – 1.00 pm	Fitness for Work in Cardiovascular and Respiratory Disorders	AHS		
1.00 – 2.00 pm	LUNCH			
2.00 – 3.15 pm	Guide for Occupational Health Report	AE		
3.15 - 4.30 pm	Group Work: Case Study 1	AHS, AE & Dr Anna Sofia		
4.30 - 5.00 pm	Discussion	ALL		
5.00 pm	TEA BREAK AND ADJOURN			

	DAY 2				
Time	Topic	Speaker			
8.00 – 8.15 am	REGISTRATION	AOEMM Secretariat			
8.30 – 9.30 am	Fitness for Work in Mental Disorders	AE			
9.30- 10.30 am	Fitness for Work Case Studies: Opportunities and Challenges	AE			
10.30 – 10.45 am	TEA BREAK				
10.45 – 11.30 am	Vision and Hearing in Fitness for Work	Dr Anna Sofia Victoria Fajardo Philippine College of Occupational Medicine (PCOM)			
11.30 – 1.00 pm	Group Work: Case Study 2	AHS & AE			
1.00 – 2.00 pm	LUNCH				
2.00 - 3.15 pm	Group Work: Case Study 4	AHS & AE			
3.15 - 4.30 pm	Assessment	АПЭ & АЕ			
4.30 - 5.00 pm	Discussion	ALL			



