



Academy of Occupational
and Environmental
Medicine Malaysia



AOEMM: FITNESS FOR WORK WORKSHOP (FFW) 2023
18-19 November 2023 | Saturday-Sunday | 8.00 am - 5.00 pm
Venue: Miri, Sarawak

INTRODUCTION

One of the important roles and activities performed by the Occupational Health Doctors (OHD) and Physicians (OHP) on day-to-day basis is determining the medical Fitness for Work (FFW) for workers that present themselves to their attending OHD/OHP. This requires the OHD/OHP to have a good knowledge and understanding of the workers' job duties and/or tasks and matching them with the workers' physical and mental fitness based on the standard set by the company or authority and the prevailing legislations or best practices. The OHD/OHP must also be able to guide employers on what to do with their workers who were determined medically unfit for work.

OBJECTIVES

- Obtain a functional history and determine objective evidence of physical and mental fitness in relation to individual's essential job duties.
- Identify features of both functioning and impairment in an individual's clinical presentation.
- Describe different standards of Fitness for Work in various industries.
- Develop plan on the management of workers who are determined to be medically unfit for work.

WHO SHOULD ATTEND THE COURSE?

Occupational Health Physicians,
Public Health Physicians,
Occupational Health Doctors,
Medical Specialists, Medical
Practitioners, Allied Healthcare
Professionals, Approved Medical
Examiners (AME), Company-
Appointed Doctors (CAD)

FEES

RM500 - AOEMM
Members/Government
RM700 - Others
USD200 - International

**CONTINUING PROFESSIONAL
DEVELOPMENT POINTS**

(DOSH) CEP points
(MMA) CPD points
(NSR) CPD points

REGISTRATION

Training and Services >
Courses and Training > FFW
www.aoemm.org.my
(Login needed)





PROGRAM SCHEDULE – FITNESS FOR WORK (FFW)

DAY 1		
Time	Topic	Speaker
8.00 – 8.15 am	REGISTRATION	AOEMM Secretariat
8.15 – 9.15 am	Overview of Fitness for Work	Dr Abu Hasan Samad (AHS) AOEMM President
9.15 – 10.30 am	Framework for Assessing Fitness for Work	AHS
10.30 – 10.45 am	TEA BREAK	
10.45 – 11.30 am	Fitness for Work in Cardiovascular and Respiratory Disorders	AOEMM
11.30 am - 12.15 pm	Fitness for Work in Musculoskeletal Disorders	Dr Anza Elias (AE) AOEMM
12.15 – 1.00 pm	Return to Work and Rehabilitation for Workers with Chronic Illnesses	Speaker tbc
1.00 – 2.00 pm	LUNCH	
2.00 – 3.15 pm	Group Work: Case Study 1	AHS/AE
3.15 - 4.30 pm	Group Work: Case Study 2	
4.30 - 5.00 pm	Assessment	ALL
5.00 pm	TEA BREAK AND ADJOURN	

DAY 2		
Time	Topic	Speaker
8.00 – 8.15 am	REGISTRATION	AOEMM Secretariat
8.15 – 9.15 am	Fitness for Work in Mental Disorders	AE
9.15 – 10.00 am	Group Work: Case Study 3	AHS/AE
10.00 – 10.15 am	TEA BREAK	
10.15 – 11.00 am	Vision and Hearing in Fitness for Work	AHS
11.00 - 11.45 am	Group Work: Case Study 4	AHS/AE
11.45 am – 1.00 pm	Group Work: Case Study 5	AHS/AE
1.00 – 2.00 pm	LUNCH	
2.00 - 3.15 pm	Group Work: Case Study 6	AHS/AE
3.15 - 4.30 pm	Assessment	
4.30 - 5.00 pm	Discussion	ALL
5.00 pm	TEA BREAK AND ADJOURN	