



Registration Guide Learning@AOEMM

<https://learning.aoemm.org.my//>

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The Checklist

Please check the table and mark as complete for each step.

STEP	ACTION	MARK AS COMPLETE
1 (Page 9)	Download & Install LockDown Browser.	
2 (Page 16)	Log in for the first time at Learning@AOEMM and change the password.	
3 (Page 19)	Confirm agreement to the examination terms.	
4 (Page 22)	Proceed with the Exam System Trial. (compulsory)	



Learning @ AOEMM

Important Notes

1. This is the step-by-step guides of our newly platform, **Learning@AOEMM** for the purpose of virtual examination. The usage of the platform will be utilised to conduct future courses.
2. The username registration and the LockDown browser installation is a one-time step only. Once LockDown browser is installed in the computer, you may use it whenever needed. Always use and check the latest version of Lockdown Browser.
3. We will share the enrolment key to enter the examination one day before the exam date.



Download and Install LockDown Browser

<https://learning.aoemm.org.my//>

Requirement for the Virtual Examination and Installation.

You must have the following to use AOEMM learning management system (Learning@AOEMM)

- ✓ The appropriate PC hardware configuration.
- ✓ An operating system that has the most recent updates.
- ✓ The appropriate speed Internet Connection (if wireless, also a strong signal and good reception).

Technical Requirements for the installation

- Only Laptop and Desktop PC is allowed. Smartphone and tablet are not allowed.
- Windows: 8 or 10 or higher.
- Mac: OS 10.12 or higher.
- Web camera & microphone (built-in or external).
- A good broadband internet connection, at least a 1.5 Mbps internet speed as a minimum requirement (both upload and download speed).
- [You can check the internet speed here: https://www.speedtest.net/](https://www.speedtest.net/)

Introduction

What is LockDown Browser and Respondus Monitor?

[Reference Only] Watch here for a quick video: <https://web.respondus.com/lockdownbrowser-student-video/>

[Reference Only] Read here for the quick guide start: <https://web.respondus.com/wp-content/uploads/2019/08/RLDB-Quick-Start-Guide-Moodle-Student.pdf>

LockDown Browser prevents you from accessing other websites or applications. You will not be able to exit until the exam is completed and submitted.

"Student Version" of LockDown Browser: Academy of Occupational & Environmental Medicine, Malaysia

The Student Version of LockDown Browser uses a standard Windows or Mac installer. **This download link is unique for AOEMM only and can be used by the participants.**

STEP 1: Download & Install LockDown Browser.

Minimum System Requirements for LockDown Browser Installation :

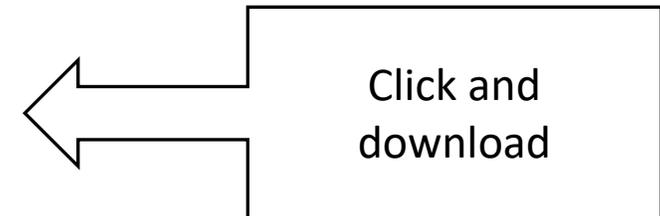
Windows

1. Windows 8 and Windows 10 or higher.
2. 84 MB of permanent space on the hard drive.

Mac

1. MacOS 10.12 or higher.
2. 120 MB of permanent space on the hard drive.

<https://download.respondus.com/lockdown/download.php?id=170141059>



Installation of LockDown Browser

Respondus
Assessment Tools for Learning Systems

LockDown Browser

OVERVIEW

VERSION

INSTALL

Install LockDown Browser for:
Academy of Occupational & Environmental Medicine, Malaysia

INSTALL NOW

Note: Your antivirus software must allow you to install software.

By clicking the "Install Now" button, you acknowledge that you have read and agree to the Respondus, Inc. License Agreement.



Respondus
Assessment Tools for Learning Systems

LockDown Browser

OVERVIEW

VERSION

THANK YOU

Thank you for downloading LockDown Browser.

The downloaded file will have the name **LockDownBrowser-2-0-7-03.exe**. Locate and double-click the file to start the setup process. Follow the onscreen instructions.

Once installed, locate the LockDown Browser icon on your desktop and start the application.

TeamViewer_Setup	23/4/2020 8:44 AM	Application	26,707 KB
ToolBox4911mf18WinEN	3/3/2021 3:58 PM	Application	9,701 KB
vppsetup	1/6/2021 11:20 PM	Application	4,632 KB
LockDownBrowser-2-0-7-03	27/6/2021 1:41 PM	Application	84,704 KB

File description: Self-extractor wrapper for InstallShield setup
Company: Respondus, Inc.
File version: 1.0.0.1
Date created: 27/6/2021 1:40 PM



Respondus LockDown Browser 2 - InstallShield Wizard

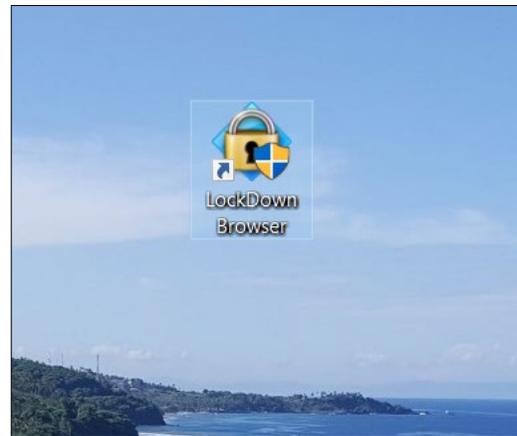
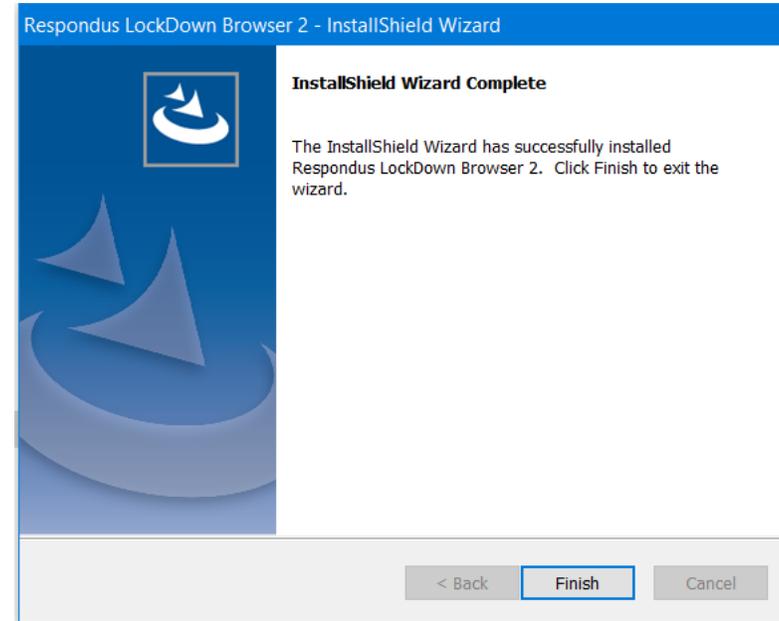
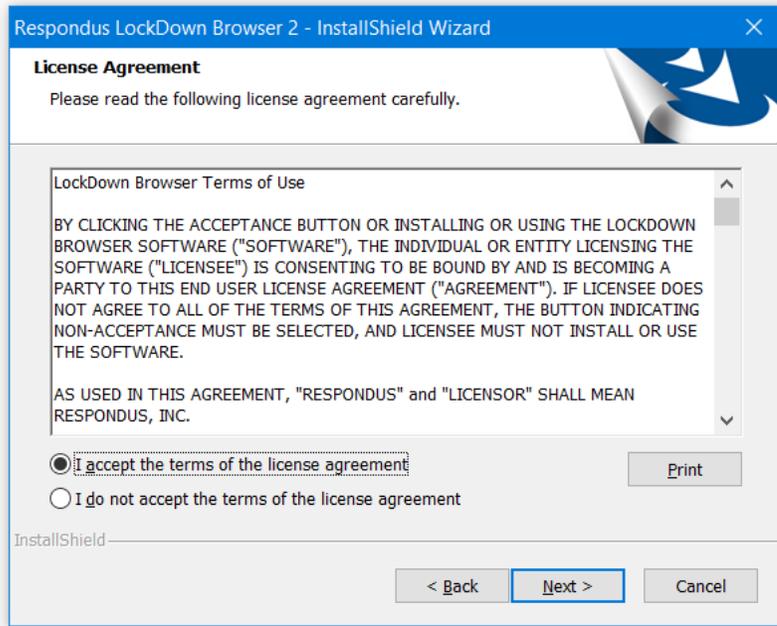
Choose Setup Language

Select the language for the installation from the choices below.

- English (United States)
- French (Canadian)
- German
- Italian
- Portuguese (Brazilian)
- Spanish

< Back Next > Cancel

Double click the icon to install LockDown Browser.



Icon “Lockdown browser is ready”.

Installation completed.

DO NOT click on this icon.

- You have now completed the installation of LockDown Browser.
- It is advisable to restart your computer after the installation and/before you can enter the examination.
- Next, please continue with the steps for first-time log in for Learning@AOEMM.



Academy of Occupational
and Environmental
Medicine, Malaysia

First-time Log in

<https://learning.aoemm.org.my//>

Learning at AOEMM: New user account Inbox x

 **First Admin (via This is the e-learning site for the Academy of Occupational and Environmental Medicine Malaysia)**

to me ▾

Hi [REDACTED]

A new account has been created for you at 'Learning at AOEMM' and you have been issued with a new temporary password.

Your current login information is now:

username: [REDACTED]

password: [REDACTED]

(you will have to change your password when you login for the first time)

To start using 'Learning at AOEMM', login at <https://learning.aoemm.org.my/login/?lang=en>

In most mail programs, this should appear as a blue link which you can just click on. If that doesn't work, then cut and paste the address into the address line at the top of your web browser window.

Cheers from the 'Learning at AOEMM' administrator,

Admin User

When you have submitted the form in STEP 1 (Refer slide page 4), you will receive an email with username and password and follow the steps to log in and change password.

Please check in your spam emails too.

Click on the link and you need to change the password.

Make sure you complete this step.

Learning at AOEMM

learning.aoemm.org.my

This is the e-learning site for the Academy of Occupational and Environmental Medicine Malaysia

You are not logged in. (Log in)

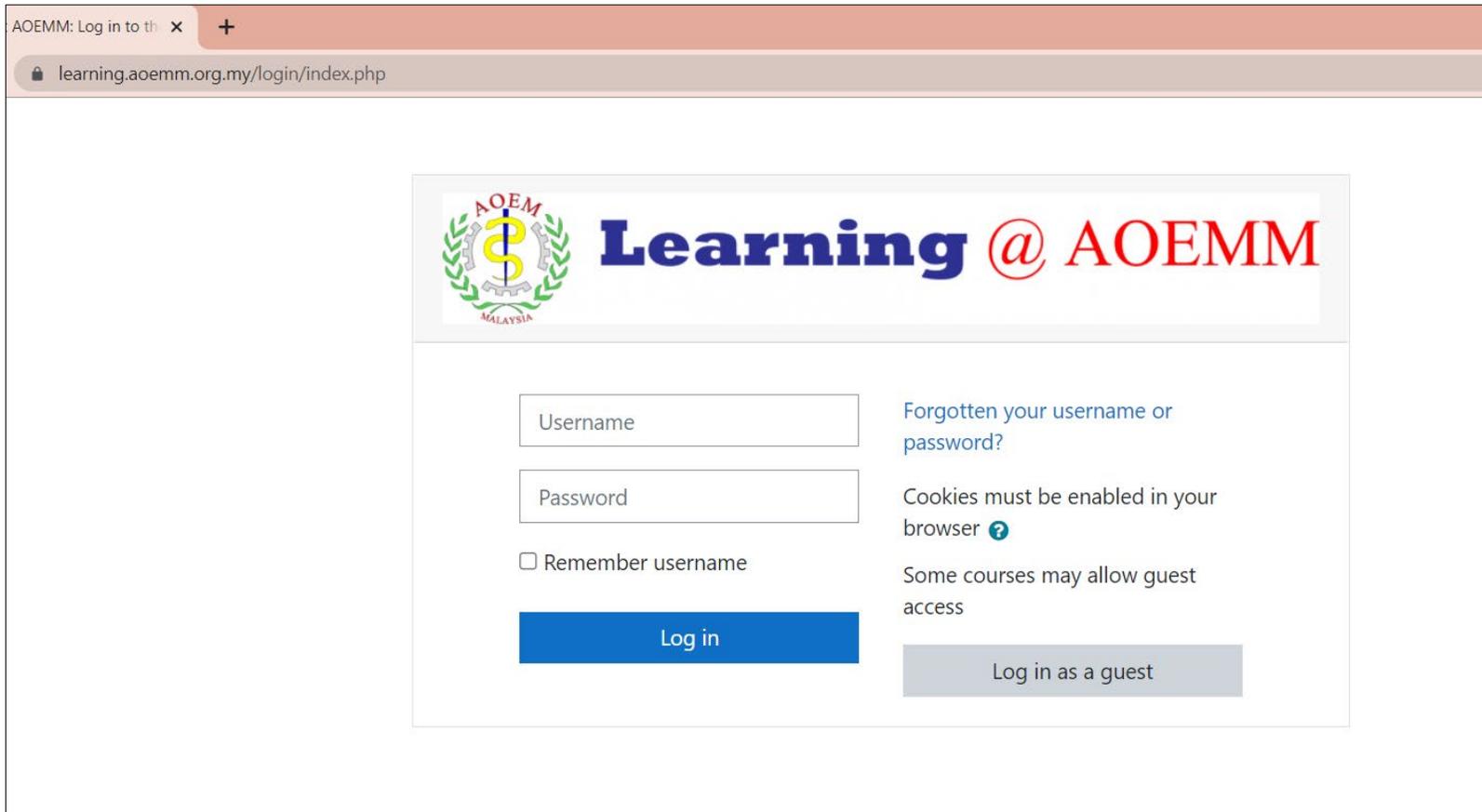
 **Learning @ AOEMM**

Available courses

- Medical Review Officer (MRO)
- Assistant Medical Review Officer (AMRO)**
Teacher: Dr Ahmad Ikhwan Shah Akhtar Ali
Teacher: Dr Abu Hasan Samad
Teacher: Dr Mohd Hatta Usul
- Exam System Trial (open)

This is the view of main page for Learning@AOEMM platform. When you need to log in for the next time, go to <https://learning.aoemm.org.my//> and click Log In.

STEP 2: Log in for the first time at Learning@AOEMM

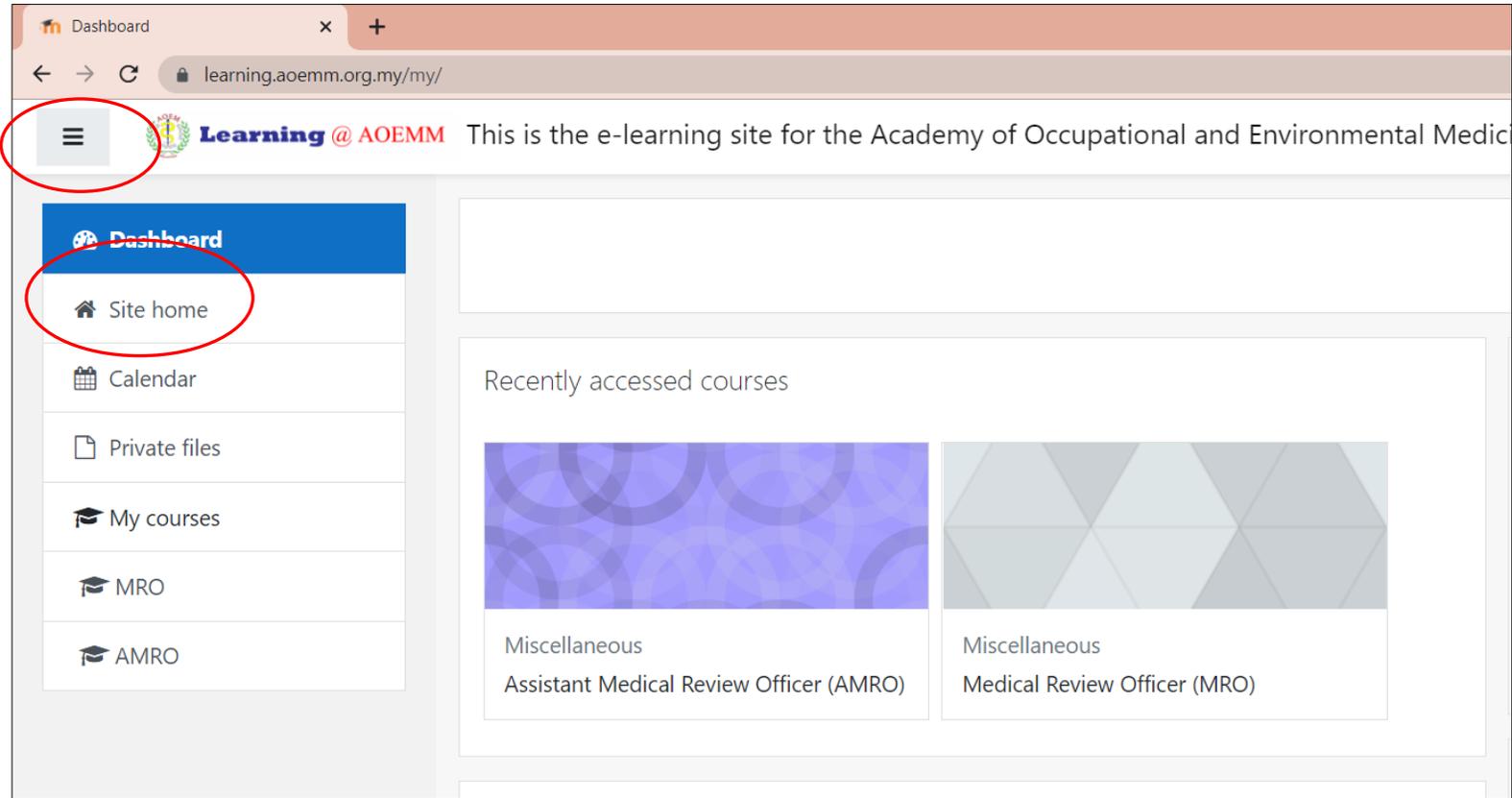


The screenshot shows a web browser window with the address bar displaying "learning.aocmm.org.my/login/index.php". The page content includes the AOEMM logo (a yellow caduceus with a gear inside a green laurel wreath, with "AOEM" above and "MALAYSIA" below) and the text "Learning @ AOEMM" in blue and red. Below the header, there are two input fields: "Username" and "Password". To the right of the "Username" field is a blue link: "Forgotten your username or password?". Below the "Password" field is a note: "Cookies must be enabled in your browser" with a blue question mark icon. Underneath that is another note: "Some courses may allow guest access". There are two buttons: a blue "Log in" button and a grey "Log in as a guest" button. A checkbox labeled "Remember username" is located between the input fields and the "Log in" button.

This is the view of log in page for Learning@AOEMM platform.

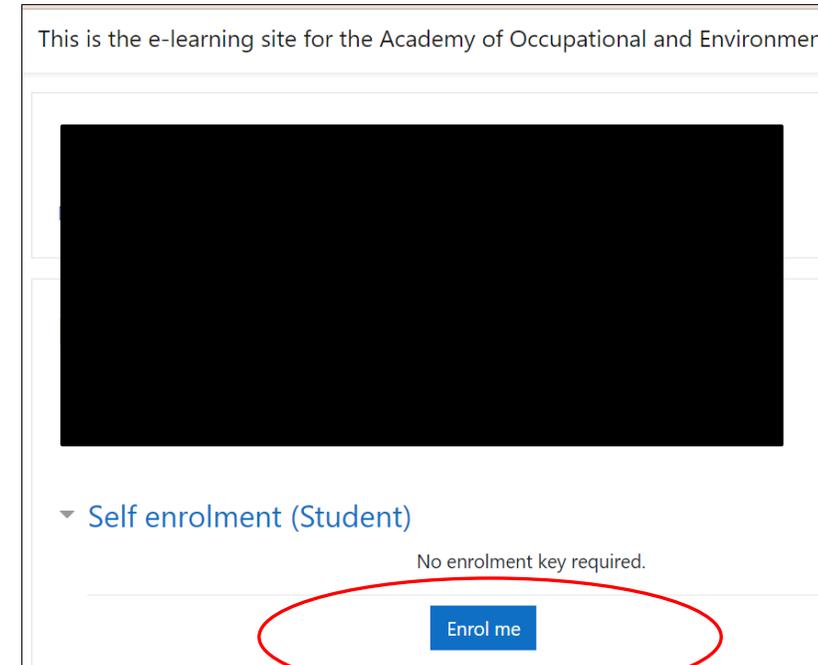
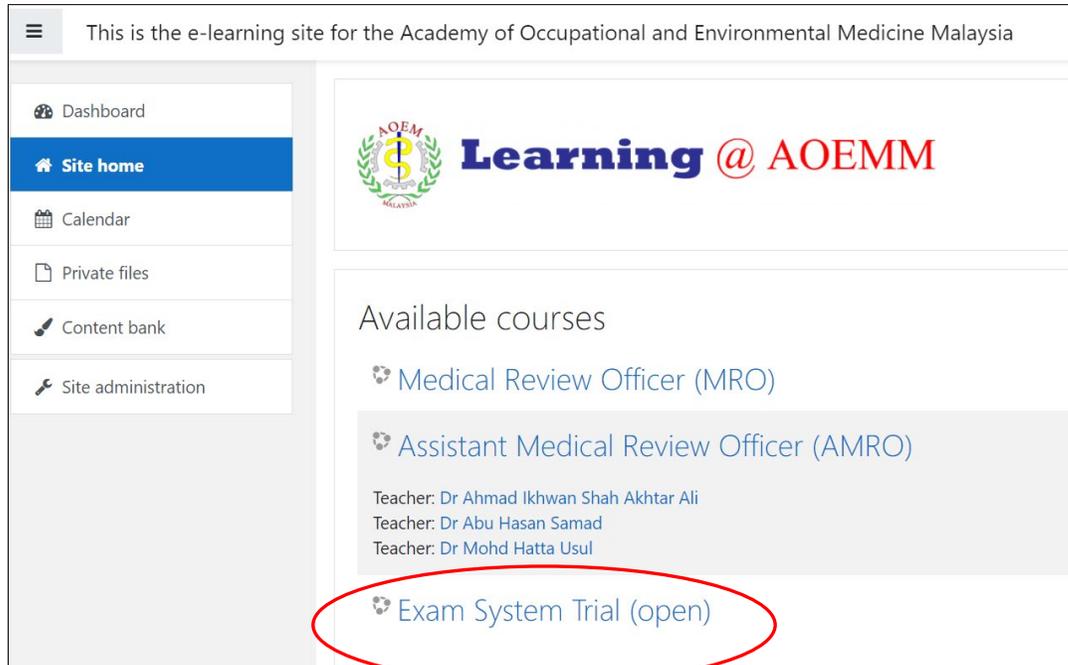
Insert username and password.

Click Log in.



Dashboard view of your account.

Click on “Site Home” to see available courses.



List of available courses will be displayed here.

For MRO and AMRO courses, you will be given enrolment key to enrol for the course.

[Open] means it can be viewed by all without any key.

Click on “Exam System Trial (Open)”.

Click on “Enrol me”

STEP 3: Confirm agreement to the examination terms.

M This is the e-learning site for the Academy of Occupational and Environmental Medicine, Malaysia

Exam System Trial

****For Exam System Trial****

Please read the agreement statement and mark as done.

MRO/AMRO EXAMINATION TERMS AGREEMENT

Any person registering to sit for the AOEMM MRO/AMRO certification examination hereby agrees to the following:

1. To sit for the examination without assistance from any other person.
2. To refrain from making any reference to training material such as lecture notes, textbooks, etc. during the examination.
3. To refrain from taking photo/video or copying any of the questions, and/or to store them in any format (digital or hard copies).
4. To refrain from communicating the questions to others in any format or media or devices.
5. To refrain from using devices not specified for the examination, such as handphones, camera, video camera, etc. during the examination.

It shall be further agreed that any breach of the above terms shall render their participation in the examination as cancelled and any results obtained thereafter shall be deemed invalid. AOEMM may at its sole discretion disqualify such person from participating in future AMRO courses and/or examination permanently or for a period to be determined by the AOEMM Council.

ACADEMY OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE, MALAYSIA

 [Exam System Trial \(Click here to start\)](#)

Opened: Sunday, 27 June 2021, 9:00 AM

[Compulsory] Please read the agreement statements and **“Mark as done”** before you proceed for the examination.

Next, you can proceed to click **“Exam System Trial (Click here to start)”**.



Enter the Exam System Trial (Compulsory) & Examination

<https://learning.aoemm.org.my//>

Please prepare these things before you enter the Exam System Trial or the actual examination:

1. Identification Card (IC).
2. Webcam is ready.
3. Proper attire as the whole examination session will be recorded.
4. Facial detection check – you need to make sure your face is detected. You can tilt your webcam, adjust the laptop position etc.
5. Background – You background must be plain wall background. Avoid sitting in front of bookshelves, open closet, hanging clothes etc.
6. Environment check - Select a quiet location where you won't be interrupted or distracted.
7. Before the exam, close all other applications to make sure LockDown Browser can quickly started (Microsoft Excel, Words, Microsoft Teams, Zoom etc).

STEP 4: Proceed with the Exam System Trial (optional).

Exam System Trial (open)

[Dashboard](#) / [My courses](#) / [System Trial](#) / [Exam System Trial](#) / [Exam System Trial \(Click here to start\)](#)

Exam System Trial (Click here to start)

Opened: Sunday, 27 June 2021, 9:00 AM

The Exam System Trial is open to all participants of MRO and AMRO to get familiarize with the system. This trial system has 15 Questions to be answered in 15 minutes. You s
by-step and more details.
Requirement needed to proceed with the system trial:

1. LockDown Browser
2. Webcam

INSTRUCTIONS: Below instructions guide will be applied in actual examination only.

1. This Examination Question Paper contains 50 multiple choice questions (MCQ) in 5 pages, starting from Question 1-Question 50.
2. Answer all 50 questions in **75** minutes.
3. Please mark your answer by selecting the A, B, C or D. If you are unsure of the answer, you can leave it blank and skip the question first. You can always change or go b
4. There is only one correct answer for each question. Choose the best answer for each question
5. Attempt all questions. There is no minus mark for wrong answer.
6. You are not allowed to keep, copy, or photograph any of the questions and/or reproduce them in any form.
7. Switch-off/silent mode your hand-phones and place them together with other electronic devices, books and other reading materials under your table.
8. Do not discuss with or copy answers from persons seated near you.
9. Please refer to the summary sheet to check the summary of your answer.

This is the e-learning site for the Academy of Occupational and Environmental Medicine Malaysia Sherry Ahmad

Attempts allowed: 3
Time limit: 15 mins
Grading method: Highest grade

Respondus LockDown Browser with Respondus Monitor (webcam) is required for this exam.

[Download LockDown Browser](#) | [Check your LockDown Browser Setup](#)

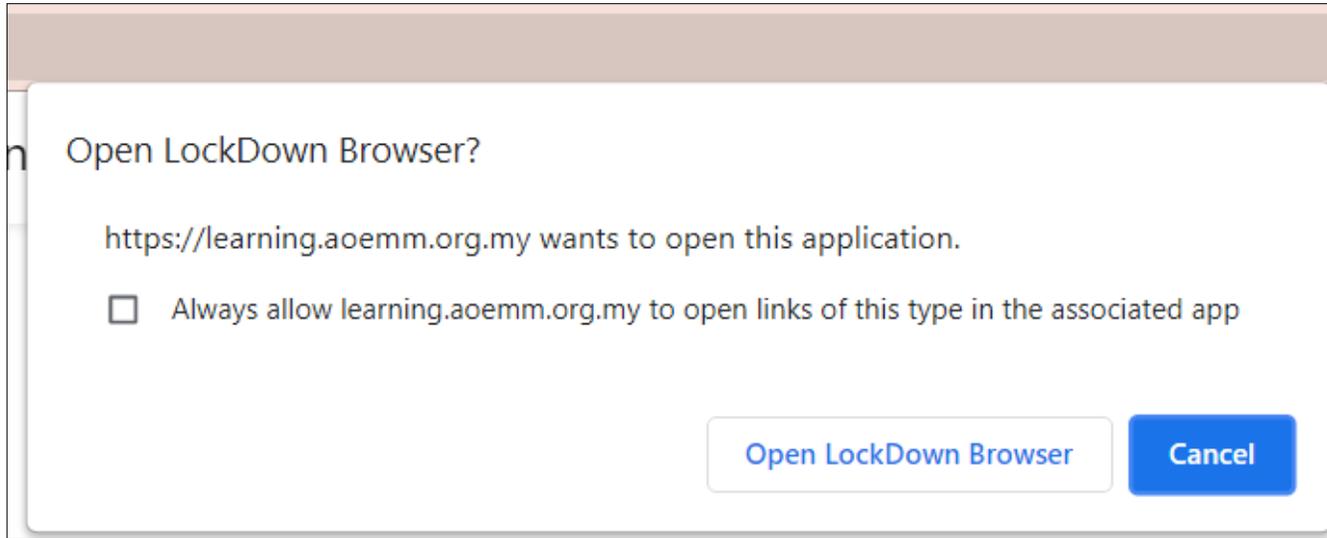
Launch LockDown Browser

[Back to the course](#)

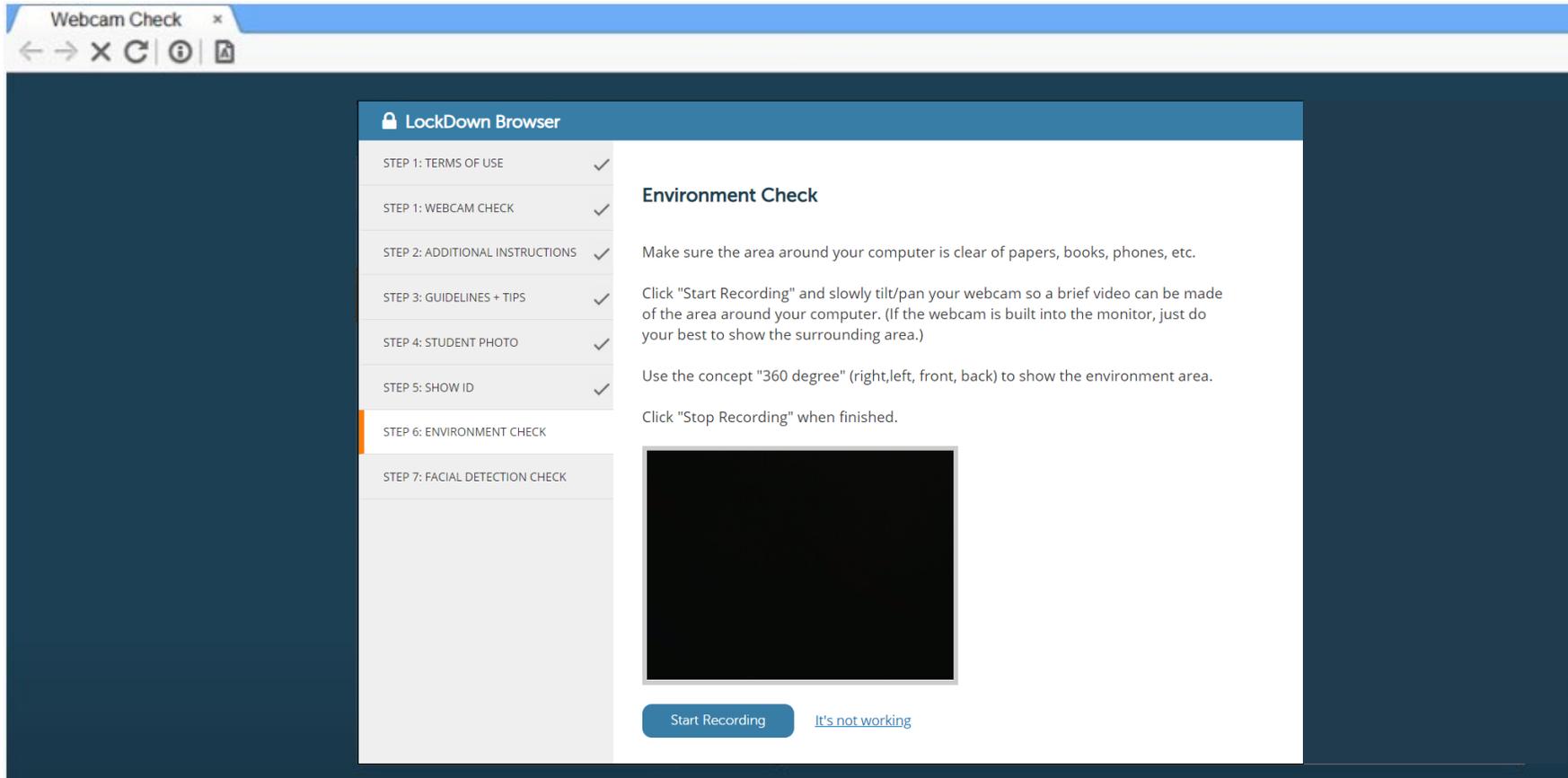
[Chat Room for AMRO Mock Exam](#)

At this stage, you should have completed the installation of LockDown Browser.

Now, you can proceed to click **“Launch LockDown Browser”**.



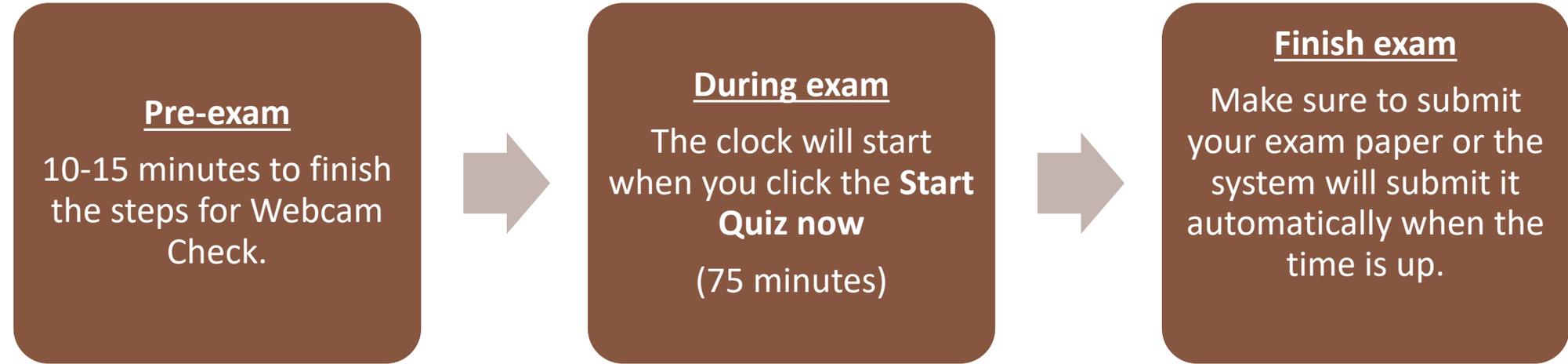
- Click “Open LockDown Browser”.
- You will be automatically prompt to enter to the LockDown Browser.
- Follow the on-screen instructions.



- This is the page view for pre-preparation inside the LockDown Browser.
- Expected time for pre-preparation: 10-15 minutes.
- Proceed for all steps and you are ready for the exam!

Good Luck!

Estimated time for the examination process





Exam System Trial (open)

Question **1**

Not yet answered

Marked out of 2

Flag question

Edit question

Which of these states has no Sultan?

- A. Perak
- B. Johor
- C. Terengganu
- D. Penang

Time left 0:12:23

Quiz navigation

1	2	3	4	5	6	7	8	9
10	11	12	13	14	15			

Finish attempt ...

Start a new preview

- **Quiz Navigation:** Total questions and number. You can always click on the number to go to the questions.
- If you are not sure on the answer, you can skip the question first.
- **Finish attempt:** To view all the answers summary.

Exam System Trial (open)

Exam System Trial (Click here to start)

Summary of attempt

Question	Status
1	Answer saved
2	Answer saved
3	Not yet answered
4	Not yet answered
5	Answer saved
6	Answer saved

Quiz navigation



The summary of your status. You can always go back to the questions to submit or change answer.

Time left 0:08:53

This attempt must be submitted by Saturday, 3 July 2021, 4:41 PM.

Submit all and finish

Click to submit your answer. You can't go back once you have click this.

Thank You