

OCCUPATIONAL HEALTH SEMINAR NORTHERN REGION

Date: 27th -28th AUGUST 2016
Venue: HOTEL SERI MALAYSIA
7, Jalan Mayang Pasir 2,
11950 Pulau Pinang Malaysia.
TEL : 04-6429452

Target group:

Specialists,
Medical Officers,
Allied Healthcare (Medical Assistants, Nurses etc) & Safety Health Professionals
Occupational Health Doctors.
All those providing Occupational Health Care services and who require CEP for DOSH certification.

CEP points (DOSH) CME points (MMA) will be awarded .

Registration Fee:

Inclusive of presentation materials, lunch and coffee breaks.

RM 250 per day. Special Discount for Members of PMPS and KDPP

JOINTLY ORGANISED BY:

Koperasi Doktor Pulau Pinang Berhad (KDPP)
Academy Of Occupational Environmental Medicine(AOEM)
Penang Medical Practitioners Society (PMPS)



For Further information please contact:

Dr Satish Shukla: myshukla@gmail.com or 0125227790

Datin Doktor Aaidah Abd Majid: drpdp34@yahoo.co.uk / 016-4410673



OCUPATIONAL HEALTH SEMINAR NORTHERN REGION

Jointly organized by Koperasi Doktor Pulau Pinang Berhad, Academy Of Occupational Environmental Medicine Malaysia and Penang Medical Practitioners Society

Occupational Health focus on Ergonomic Problems In Workplace

Date: 27/8/2016

Time: 8:00 am – 5:00 pm

Venue: Hotel Seri Malaysia, Bayan Baru, Pulau Pinang.

8:00 am – 8:30 am – registration

8:30 am – 8:40 am – Safety Briefing by Hotel Personnel

8:40 am – 8:50 am – Opening Speech by Organizer -Koperasi Doktor Pulau Pinang

8:50 am – 9:00 am – Opening Speech by Organizer - Academy Of Occupational Environmental Medicine Malaysia

9:00 am – 10:00 am – Common Repetitive Strain Injury Among Factory Workers In Electromagnetic Industry: Presentation, Prevention And Management by Dr. Vejayan Rajoo, Gleanegles Medical Centre.

10:00 am – 10:20 am – Morning Tea Break

10:20 am – 11:00 am – Poor Workplace Ergonomic: The Effects And Outcomes to Workers And Industries by (AOEMM) Professor Doctor Abu Hasan Samad

11:00 am – 12 noon – Manual Handling And Slip Disc Relationship: Presentation, Prevention And Management by Dr. Vejayan Rajoo, Gleanegles Medical Centre.

12 noon – 1:00 pm – Guideline Of Occupational Safety And Health In The Office by En. Syed Malek Bin Syed Muhammad, Jabatan Keselamatan Dan Kesihatan Pekerjaan Pulau Pinang.

1:00 pm – 2:00 pm – Lunch Break

2:00 pm – 3:00 pm – Repetitive Strain Injury Among Factory Workers: Are They Getting Enough Compensation by Encik Anthony Arul Das, Pengarah PERKESO Negeri Pulau Pinang.

3:00 pm – 3:30pm –Back Care Before It's Too Late: Exercise For A Healthy Spine,Everybody Can Do It by Ms Ooi Teng Hong, Head of Physiotherapy and rehab Department.

3:30 pm – 4:00 pm – Workplace Design In Improving Occupational Safety And Health In Workplace by Ass Professor Doctor Victor Hoe

4:00 pm – 4:30 pm – Discussion

4:30 pm – 5:00 pm – Closing remark and Certificate presentation and tea.



OCCUPATIONAL HEALTH SEMINAR NORTHERN REGION

Jointly organized by Koperasi Doktor Pulau Pinang Berhad, Academy Of Occupational Environmental Medicine Malaysia and Penang Medical Practitioners Society

Occupational Health focus on Stress At Workplace: Who Bothers

Date: 28/8/2016

Time: 8:00 am – 5:00 pm

Venue: Hotel Seri Malaysia, Bayan Baru, Pulau Pinang.

8:00 am – 8:30 am – registration

8:30 am – 8:40 am – Safety Briefing by Hotel Personnel

8:40 am – 8:50 am – Opening Speech by Organizer -Koperasi Doktor Pulau Pinang

8:50 am – 9:00 am – Opening Speech by Organizer - Academy Of Occupational Environmental Medicine Malaysia

9:00 am – 10:00 am – Stress At Workplace: An Overview Patent and Presentation in Malaysia by Professor Doctor Abu Hasan Samad, IUCSI,AOEMM

10:00 am – 10:20 am – Morning Tea Break

10:20 am – 11:10 am – Stress At Industrial Area For Factory Workers Doctor Ahmad Fitri

11:10 am – 12 noon – Stress At School: How To Overcome by Ass Professor Doctor victor Hoe

12:00 pm – 1:00 pm – Stress At Hospital: Are Our Nurses Stress At Work by Ass Professor Doctor Victor Hoe

1:00 pm – 2:00 pm – Lunch Break

2:00pm – 2:30 pm – Stress Relaxation Technique: Everybody Can Do by Cik Aimi Shahirah Binti Mohd Pisol,Occupational Therapist, Pantai Hospital Penang

2:30 pm – 3:30 pm – Stress At Workplace In Malaysia NOW : It is Alarming by Professor Doctor Ahmad Fitri.

3:30 pm – 4:30 pm – Final Discussion

4:30 pm – 5:00 pm – Certificate Presentation and Tea



Penang Medical
Practitioners Society

OCUPATIONAL HEALTH SEMINAR NORTHERN REGION

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List of speakers.

1. Professor Doctor Abu Hasan Samad.
IUCSI. AOEMM
2. Associate Professor Doctor Victor Hoe Chee Wai Abdullah
MBBS, MPH, MPH(OH), M Eng(SHE), PHD
Centre for Occupational and Environmental Health-UM (COEHUM)
Department of Social and Preventive Medicine
Faculty of Medicine .
University of Malaya
3. Doctor Ahmad Fitri Abdullah Hair
Pengarah Bahagian Occupational Health .
DOSH. Putrajaya
4. Doctor Vejayan Rajoo
Consultant Orthopaedic Surgeon
Gleangless Medical Centre
5. Encik Syed Malek Bin Syed Muhammad
Jabatan Keselamatan dan kesihatan Pekerjaan Pulau Pinang.
6. Encik Anthony Arul Das,
Pengarah PERKESO Negeri Pulau Pinang.
7. Miss Ooi Teng Hong,
Head of Physiotherapy and Rehab Department.
8. Cik Aimi Shahirah Binti Mohd Pisol,
Occupational Therapist, Pantai Hospital Penang.



Pulau Pinang Medical Society

OCCUPATIONAL HEALTH SEMINAR NORTHERN REGION

REGISTRATION FORM

Name: _____

I.C No. : _____

Member of KDPP: YES/NO PMPS : YES/NO

Workplace: _____

Address: _____

Tel : _____ fax: _____ Email: _____

I would like to attend the Seminar for one day / two days as below :

DATE	PMPS / KDPP members		Non KDPP/PMPS members	
27/08/2016	RM 200.00		RM250	
28/08/2016	RM 200.00		RM250	
Total				

- I have made an online payment of RM into the Koperasi Doktor Pulau Pinang Berhad 's **Public Bank Berhad account No .3200551214**
I attach the proof of payment
- I attach herewith Cheque Nofor the amount of RMpayable to "Koperasi Doktor Pulau Pinang Berhad"

Kindly send the form and payment / proof of payment to

**Koperasi Doktor Pulau Pinang Berhad,
10 M (1st Floor) Jalan Gelugor, 11700 Pulau Pinang.**

Tel : 04-656 3586

Or by email to Datin Doktor Aidah Abd Majid drpdp34@yahoo.co.uk

Or by whatsapp Datin Dr Aidah 016-4410673